3rd ATHENS SYMPOSIUM
Gastrointestinal Cancer
Prevention, Recognition & Management
A Primer for Physicians

8-9 JULY 2016
ATHENS HILTON HOTEL-GREECE
• Lectures • Live Procedures • Hands-on Courses

ORGANIZED BY
HELLENIC SOCIETY OF GASTROENTEROLOGY

ENDORSED BY
ATHENS MEDICAL ASSOCIATION
EUROPEAN SOCIETY OF GASTROINTESTINAL ENDOSCOPY
AMERICAN SOCIETY FOR GASTROINTESTINAL ENDOSCOPY

SYMPOSIUM SECRETARIAT

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Dear Colleagues,

Time flies and here we are again only too thrilled to welcome to Athens the Greek and foreign colleagues who will be attending the 3rd Athens International Symposium, which will be held at the Athens Hilton Hotel on Friday & Saturday July 8th - 9th, 2016.

Supported by the Hellenic Society of Gastroenterology we intend to make the 2016 Symposium a unique educational and clinical experience for all attendees.

Once again, this Symposium focuses on scientists who work on primer health care, internists and general practitioners.

This year, as per tradition, the faculty is made up of the major international opinion leaders of the digestive endoscopy community. The Athens International Symposium is a 2-day event with 36 Lectures, 24 Live Case Demonstrations and 10 Hands-On Training Stations featuring a high-caliber International Faculty of 25 world renowned scientists from twelve (12) countries and four (4) continents.

It aims at the prevention, recognition and management of gastrointestinal cancer: from the initial symptoms to the final diagnosis, the fundamental principles of the core techniques and innovative demonstrations of the new technologies, including advancements in EUS, ERCP, EMR, ESD and P.O.E.M.

We cordially invite you all, general practitioners, internists, gastroenterologists, GI residents, GI surgeons and radiologists but also medical students as well as nurses, to participate in this international teamwork training effort.

Looking forward to seeing you all in Athens!

Yours Sincerely,

Dr. Ioannis Katsogridakis, MD
Dear Colleagues,

On behalf of the Hellenic Society of Gastroenterology I would like to welcome all the attendees of the “3rd Athens International Symposium on the Prevention, Recognition and Management of Gastrointestinal Cancer” in Athens, the capital city of Greece.

This congress is organized and fully supported by our Society and I am sure that it will be a unique educational and scientific event focusing not only to Gastroenterologists but also to Internists, Family and Primary Care Physicians and General Practitioners.

Our faculty consists of world renowned experts in the field of Gastroenterology and Interventional Endoscopy coming from 12 countries and 4 continents as well as Greek specialists in managing patients at high risk for neoplasia and cancer of GI tract. We would like to thank them all for their participation, dedication and support to this outstanding scientific event.

The participants have the opportunity to attend up-to-date high quality scientific lectures as well as live demonstrations and participate in hands-on courses addressed by the International Faculty. In our highly competent and fast evolving world Gastroenterologists should be updated on the latest techniques in this field and there is no better way to do that than the one provided in this Symposium’s live procedures and hands-on animal model courses.

Furthermore, Internists and Primary Care Physicians should be provided with firm indications for referring patients to the specialists as well as to follow-up the patient in an evidence-based manner. In order to ensure that the Symposium will be a unique opportunity for Internists and General Practitioners, subjects addressed to them will take place in a separate congress room during the second day. Co-operation among doctors is of the outmost importance and this approach will offer a better understanding among colleagues that will ultimately benefit the patient.

I hope that you will actively participate in the 3rd Athens Symposium and enjoy your stay in Athens, the heart of the European civilization!

Yours Sincerely,

Sotirios D. Georgopoulos, MD, FEBGH, AGAF
President of the Hellenic Society of Gastroenterology (HSG)
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ENDO-384204-AA April 2016.

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**Course Co-Director:**
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**Course Co-Director:**
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- D. G. Karamanolis (Greece)
- P. Kassapidis (Greece)
- J. Kountouras (Greece)
- A. Mantides (Greece)
- S. Michopoulos (Greece)
- A. Ntailianas (Greece)
- G. V. Papatheodoridis (Greece)
- G. Paspatis (Greece)
- J. K. Triantafillidis (Greece)

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**PRESIDENTS:**
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Prof. Dr. S. D. Ladas (Greece)
Cytology, cell block or core: Results you can see.

Balancing sample capacity and needle flexibility, Cook’s EUS needles allow you to target small lesions in even the most difficult locations, while increasing valuable yields with potentially fewer needle passes.

Pathology images courtesy of James Farrell, MD, Interventional Endoscopy and Pancreatic Diseases Section of Digestive Diseases, Yale University School of Medicine.
Cytology, cell block or core: Results you can see. Balancing sample capacity and needle flexibility, Cook’s EUS needles allow you to target small lesions in even the most difficult locations, while increasing valuable yields with potentially fewer needle passes.

Pathology images courtesy of James Farrell, MD, Interventional Endoscopy and Pancreatic Diseases Section of Digestive Diseases, Yale University School of Medicine.

Ablation of Barrett’s esophagus with HybridAPC

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- With proven APC and waterjet functions
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Tochigi, Japan

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Zhongshan Hospital
Fudan University
Shanghai, China

Tsiamoulos, Zaharias, MD
East Kent University Foundation Hospitals
Sponsored Lecturer
09:15 - 10:30  LOWER GI SESSION
Moderators: I. Triantafyllidis, N. Viazis

- *Is it only diarrhea or inflammatory bowel disease? Diagnostic plan in primary care*
  L. Aabakken
- *Management of iron deficiency anemia*
  D. Coumaros
- *Family history and gastrointestinal cancer*
  Th. Ponchon
- *Lower GI bleeding*
  H. Messmann

10:30 - 11:00  OPENING CEREMONY
Invited for Welcome Addresses:

- Dr Ioannis Katsogridakis
  *Scientific Director*
- Dr Sotirios D. Georgopoulos
  *President of Hellenic Society of Gastroenterology (H.S.G.)*
- Prof. Lars Aabakken
  *President of European Society of Gastrointestinal Endoscopy (E.S.G.E.)*
- Prof. Nageshwar Reddy
  *President of World Endoscopy Organization (W.E.O.)*
- Mr Yiorgos Kaminis
  *Major of City of Athens*
- Dr Andreas Xanthos
  *Minister of Health of Greek Republic*

11.00 - 11.30  Coffee Break
### MEETING ROOM B: For INTERNSISTS and GENERAL PRACTITIONERS

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<tr>
<td><strong>11.30 - 11.50</strong></td>
<td><strong>SPECIAL LECTURE</strong></td>
<td>D. Karamanolis</td>
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<tr>
<td></td>
<td><strong>“Colorectal cancer screening programs: Guidance to successful implementation”</strong></td>
<td>J-D Waye</td>
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<tr>
<td><strong>11.50 - 13.15</strong></td>
<td><strong>LIVER – PANCREAS SESSION</strong></td>
<td>E. Akriviadis, A. Hatzitolios</td>
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<tr>
<td></td>
<td><strong>Recognition and management of liver disease in primary care</strong></td>
<td>G. Papatheodoridis</td>
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<td><strong>Recognition and management of obstructive jaundice</strong></td>
<td>S. Stavropoulos</td>
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<td></td>
<td><strong>Early detection of pancreatic cancer in primary care: Is it possible?</strong></td>
<td>M. Giovannini</td>
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<td></td>
<td><strong>Epidemiology and prevention of hepatocellular carcinoma</strong></td>
<td>G. Papatheodoridis</td>
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<td><strong>13.15 - 14.15</strong></td>
<td><strong>Lunch Break</strong></td>
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<td><strong>14.15 - 14.35</strong></td>
<td><strong>SPECIAL LECTURE</strong></td>
<td>G. Dimitriadis</td>
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<td></td>
<td><strong>“Managing Preventive Medicine under the influence of the Financial Crisis in Greece”</strong></td>
<td>Ch. Dimitrakaki</td>
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14.35 - 16.00  **UPPER GI SESSION I**  
**Moderators:** S. Manolakopoulos, Ch. Savopoulos  
- *Barrett’s esophagus and esophageal carcinoma*  
  P. Sharma  
- *Alarm UGI symptoms: Recognize and manage*  
  Th. Roesch  
- *How to diagnose esophageal and extraesophageal symptoms of GERD*  
  N. Reddy  
- *Management of Upper GI bleeding*  
  Ph. Chiu

16.00 - 16.30  **Coffee Break**

16.30 - 18.00  **UPPER GI SESSION II**  
**Moderators:** I. Karagiannis, I. Kountouras  
- *Endoscopy in dyspepsia*  
  S. Seewald  
- *Evaluation of Dysphagia*  
  J. Hochberger  
- *Achalasia: The new endoscopic treatment (POEM)*  
  M-Y Cai  
- *Management (recognition and treatment) of early gastric cancer*  
  H. Neuhaus
08.30 - 09.00 Registrations

09.00 - 10.30 **COLON SESSION**
Moderators: I. Koutroubakis, G. Paspati
- Optimal Colonoscopy: Quality and performance metric* Z. Tsiamoulos
  (Sponsored Lecture)
- Novel colonoscopies – accessories – techniques to improve adenoma detection rate P. Siersema
- Endoscopy in the management of dysplasia in IBD patients Th. Ponchon
- Serrated adenoma: A new kid on the block M. Bourke
- Colorectal EMR - ESD N. Yahagi

Q & A

10.30 - 11.30 **LIVE PROCEDURE DEMONSTRATIONS PART I**
Panelists: N. Eleftheriadis, Ch. Liatsos, V. Ntelis, E. Symvoulakis, Z. Tsiamoulos, V. Tzias

11.30 - 11.50 Coffee Break

11.50 - 12.40 **LIVE PROCEDURE DEMONSTRATIONS PART II**
Panelists: P. Kassapidis, P. Kostopoulos, M. Mylonaki, A. Ntailianas, E. Skotiniotis, D. Tambakopoulos

12.40 - 13.00 **STATE OF THE ART LECTURE**
Chair: A. Polydorou
- “Endoscopy for the Management of Pancreatic Cystic Lesions” L. Aabakken

13.00 - 14.00 Lunch Break

14.00 - 15.20 **LIVE PROCEDURE DEMONSTRATIONS PART III**

*Lecture sponsored by ARC Medical Design Limited
FRIDAY JULY 8
MEETING ROOM A: For GASTROENTEROLOGISTS and GASTROINTESTINAL SURGEONS

15.20 - 15.40 STATE OF THE ART LECTURE
Chair: S. D. Georgopoulos

“The role of gastrointestinal endoscopy in lower esophageal sphincter disorders”
N. Reddy
President of World Endoscopy Organization (W.E.O.)

15.40 - 16.00 Coffee Break

16.00 - 17.00 LIVER - BILIARY TREE – PANCREAS SESSION
Moderators: S. Karatapanis, I. Vlachogiannakos

The impact of antiviral therapy on the incidence of hepatocellular carcinoma in chronic HBV or HCV patients
G. Papatheodoridis

Interventional treatment of malignant biliary obstruction
H. Neuhaus

Hilar Lesions: When to stent or not to stent, and which stent to use
G. Costamagna

Q & A

17.00 - 18.00 LIVE PROCEDURE DEMONSTRATIONS PART IV
Panelists: K. Christodoulou, Th. Emmanouil, Ch. Kalantzis, G. Karamanolis, M. Oikonomou, E. Vardas, Ch. Zavos
07.00 - 08.30 EARLY MORNING WITH THE EXPERTS
“How I do it & why I do it that way”
Early Morning with the Japanese Experts on ESD
H. Inoue  - Esophageal & Gastric ESD
H. Yamamoto - Duodenal ESD
N. Yahagi - Colon ESD

Early Morning with the Experts on Polypectomy
M. Bourke - Duodenal EMR
H. Messmann - Gastric Polypectomy
J-D Waye - Colon Polypectomy

08.30 - 10.00 STOMACH AND SMALL BOWEL SESSION
Moderators: K. Paraskeva, G. Paspatis
- Selecting submucosal UGI lesions for ultrasound referral
  M. Giovannini
- Tips and tricks for successful and uneventful ampullectomy
  Th. Roesch
- Full thickness endoscopic resection for UGI sub-epithelial tumors
  P. Zhou
- Small bowel polypectomy
  H. Yamamoto

Q & A

10.00 - 10.20 SPECIAL LECTURE
Chair: S. Ladas
- “An endoscopic journey to the large bowel”
  J-D Waye
# SATURDAY JULY 9

**MEETING ROOM A:** For GASTROENTEROLOGISTS and GASTROINTESTINAL SURGEONS

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<td>OPENING CEREMONY</td>
<td>HALL SANTORINI</td>
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<td>Coffee Break</td>
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<td>11.20 - 12.40</td>
<td>LIVE PROCEDURE DEMONSTRATIONS PART V</td>
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<td><strong>Panelists:</strong> D. Christodoulou, D. Dandakis, K. Delis, S. Dokas,</td>
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<td>Ch. Papafragkakis, P. Tassios, K. Zografos</td>
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<td>12.40 - 13.00</td>
<td>PRESIDENTIAL LECTURE</td>
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<td><strong>Chair:</strong> I. Katsogridakis</td>
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<td>**&quot;The contribution live courses have made in the advancement of</td>
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<td>gastrointestinal endoscopy&quot;</td>
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<td>Symposium Honorary President Prof. Nib Soehendra</td>
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<td>14.00 - 15.20</td>
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<td><strong>Panelists:</strong> S. Kouvaras, E. Panagou, K. Thomopoulos, P. Tsibouris,</td>
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<td>D. Tsounis, D. Tzilves, K. Vasiliadis</td>
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<td>15.20 - 16.00</td>
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<td>16.00 - 17.15</td>
<td>ESOPHAGUS SESSION</td>
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<td><strong>Moderators:</strong> A. Mandides, S. Michopoulos</td>
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<td><strong>Barrett’s esophagus ablation: HALO, APC or Cryotherapy?</strong></td>
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<td>P. Sharma</td>
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<td><strong>ARMS: The new era in the treatment of GERD</strong></td>
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<td>H. Inoue</td>
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<td><strong>POEM for the treatment of achalasia: Is it mainstream?</strong></td>
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<td>S. Stavropoulos</td>
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<td>**Endoscopic tunneling technique for treatment of giant esophageal</td>
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<td>B. Hu</td>
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<td><strong>Q &amp; A</strong></td>
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<td>17.15 - 18.00</td>
<td>LIVE PROCEDURE DEMONSTRATIONS PART VII</td>
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<td><strong>Panelists:</strong> D. Hatzopoulos, I. Kalliakmanis, D. Karagiannis,</td>
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<td>D. Polymeros, V. Vamvakousis, E. Xirouhakis</td>
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FRIDAY JULY 8

MEETING ROOM B: For GASTROENTEROLOGISTS and GASTROINTESTINAL SURGEONS

07.00 - 09.00 ADVANCED HANDS-ON COURSE, MORNING SESSION

Courses
- ESD I Expert: H. Yamamoto
- ESD II Expert: H. Messmann
- ESD III Expert: N. Yahagi
- ESD - EMR Expert: J. Hochberger
- POEM Expert: H. Inoue

16.00 - 18.00 ADVANCED HANDS-ON COURSE, AFTERNOON SESSION

Courses
- ESD I Expert: Ph. Chiu
- ESD II Expert: D. Coumaros
- ESD III Experts: B. Hu, M-Y Cai
- ESD - EMR Expert: J. Hochberger
- POEM Expert: P. Zhou
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- Christodoulou K.
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- Delis K.
- Dimitriadis G.
- Dokas S.
- Eleftheriadis N.
- Emmanouil Th.
- Georgopoulos S. D.
- Hatzitolios A.
- Hatzopoulos D.
- Kalantzis Ch.
- Kalliakmanis I.
- Kamberoglou D.
- Karagiannis D.
- Karagiannis I.
- Karamanolis D.
- Karamanolis G.
- Karatapanis S.
- Kassapidis P.
- Katsogridakis I.
- Kofokotsios A.
- Kostopoulos P.
- Kountouras I.
- Koutroubakis I.
- Kouvaras S.
- Ladas S.
- Liatsos Ch.
- Mandides A.
- Manolakopoulos S.
- Mavrogennis G.
- Michopoulos S.
- Mylonaki M.
- Ntaillianas A.
- Ntelis V.
- Oikonomou M.
- Panagou E.
- Papafragakis H.
- Paraskeva K.
- Paspatis G.
- Polydorou A.
- Polymeros D.
- Savopoulos Ch.
- Sgouros S.
- Skotiniotis E.
- Symvoulakis E.
- Tambakopoulos D.
- Tassios P.
- Thomopoulos K.
- Triantafyllidis I.
- Tsiamoulos Z.
- Tsibouris P.
- Tsounis D.
- Tziias V.
- Tzilves D.
- Vamvakousis V.
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- Zavos Ch.
- Zografos K.
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The Organizing Committee of the 3rd Athens Symposium “Gastrointestinal Cancer”, would like to express their sincere gratitude to the following:

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*Adenoma Detection Rate

1 Leung et al. 2014; Am J Gastroenterol. 109(6):855-63
2 Horimatsu et al. 2015; Int J Colorectal Dis. 30(7):947-54
Official Language
The official language of the Symposium is English.

Dates and Working Hours of the Symposium Secretariat
During the Congress the secretariat will remain open as follows:
Friday, July 08th, 2016 07:00 – 19:00
Saturday, July 09th, 2016 07:00 – 19:00

Name Badges
Your personal Symposium name badge, is your passport to the scientific sessions and exhibition area. Your name badge will be carrying a barcode with all your requested services encoded and it will be scanned in many occasions during the Symposium. Please wear your name badge visibly at all times. Entrance to any area of the Symposium will be permitted only to guests wearing their name badge issued specifically for the occasion.

Visual equipment
All meeting halls will be equipped with overhead and data projectors as well as PC for Speaker’s needs. All Speakers are kindly requested to check and deliver their presentations to the visual reception at least one hour prior to their presentation. Due to changes in computer configuration, laptops will not be accommodated.

Commercial Exhibition
During the Symposium a commercial exhibition will take place at the congress Venue.

Climate
Mediterranean Greece has a Mediterranean climate with plenty of sunshine, mild temperatures and a limited amount of rainfall.

Calling code
The international calling code of Greece is +30
The currency Euro (€) Greece is a Member-State of the European Union and uses its uniform currency – the Euro. Currency exchange rates are clearly displayed in every bank that accepts currency exchange, while credit card holders may acquire money from the ATMs of the collaborating banks. A passport is required when exchanging currencies.

Time Greece GMT +2
Electricity
The electrical current is 220 V, 50 Hz. Adapters and transformers are sold in many stores.

In case of emergency call –
Ambulance Service: 166
SOS Doctors: 1016
Duty Hospitals and Clinics: 1434
Pharmacies: 1434
Open Line for alcohol drug Addiction: 210 36 17 089
Poisoning First Aid: 210 77 93 777
Police: 100 - Tourist Police: 1571

Social Events
Faculty Dinner
Friday, July 8th, 2016 will take place at Restaurant "Tsi Tsi". Tickets can be purchased at the registration desk at the cost of €75.00 per person

Farewell Dinner
Saturday, July 8th, 2016 will take place at Grand Resort Lagonissi.
Tickets can be purchased at the registration desk at the cost of €110.00 per person

On-Site Registration Fees
Standard Registration (both days) €180.00
Internists (day 2 only) €60.00
General Practitioners (day 2 only) €60.00
*Students (day 2 only) €50.00
*Nurses (both days) €80.00
*Trainees (both days) €80.00

*Note: Trainees, Students and Nurses need to present proof of identity (e.g. Student ID).
The free registration options do not include luncheon meals.

Accreditation – Certificate of Attendance
The Symposium has been assessed by the Hellenic Medical Association with:
12 C.M.E. Credits for the Gastroenterologists Scientific Program
06 C.M.E. Credits for the Internists and General Practitioners Program
04 C.M.E. Credits for each Hands on Course

The C.M.E. Credits are recognized by the European Union of Medical Specialists (U.E.M.S.) under Continuing Medical Education Graduate. The completion of the assessment form, is a prerequisite for the receipt of the Certificate of Attendance for all registered participants. Certificates of attendance and completion of the assessment forms will be available by Organizing Secretariat Desk on Saturday, July 9, 2016 after 16.00 hrs.

Important Note: Under the Hellenic Pharmaceutical Organization circular, the rate of 60% for monitoring of the scientific programme, is a prerequisite for obtaining the Certificate of Attendance. The recording of the hour is to scanners at the entrance and the exit of the halls, where the participants show the entry name card with barcode, which they receive upon registration.

What you should know about the correct count of monitoring hours (barcode system):
- The measurement of contact hours is mandatory
- The start and finish times of sessions detailed in scientific programme of the Symposium
- The system begins to "record" on the start time of each session and automatically "Stop" at the end.
- The hours waiting in the meeting rooms, breaks, lunches, assemblies, opening and closing Ceremonies are not monitored
The Organizing Committee of the 3rd Athens Symposium “Gastrointestinal Cancer”, would like to express their sincere gratitude to the following Sponsors and Supporters for their contribution to the success of the Symposium:

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- There really is no hiding place for polyps.
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